

NORDIC FIS LICENCE INFORMATION

CROSS-COUNTRY | SKI JUMPING | NORDIC COMBINED

1. Complete a medical form. BSS is required by the International Ski Federation (FIS) to ensure the fitness of athletes before granting them a FIS Licence. This form certifies that the athlete has had an appropriate evaluation of their medical health by a qualified medical practitioner and should be scanned and sent to lucy.mackenzie@teambss.org on completion. The [medical form](#) is available to download on the BSS website. Once the form has been submitted, if there is any change to your health, you must inform us. For more information on this, please read [FAQs](#) [Certificate of Health](#). Your medical form is valid for 3 years – if you submit your form for the 2018/19 season, this will be valid until the end of the 2020/21 season. **If you have completed a medical form within the past 3 years, there is no requirement to have a new one completed.**

2. Hold a valid GBR passport. On purchasing your FIS licence, please send a copy of your passport to lucy.mackenzie@teambss.org.

3. Register with your Home Nation for the 2018/19 season. Please note in some cases your 2017/18 Home Nation registration will not run out until later in 2018, however you must renew now to ensure we have confirmation that you will be registered for the whole of the 2018/19 season.



Once we have received confirmation of ALL of the above, we can process your FIS Licence.



Early Season Discounts

A discounted price is available from 15th May until 30th June 2018 - after this date a higher fee will apply.

FIS licences are valid from 1st July - 30th June each year.



FIS Points Explained

Holding a GB FIS licence provides you with a FIS number to record your FIS points in events.

The winner of a **cross-country** event is given the lowest number of points and the following finishers are allocated additional points according to their finish times behind the winner. A mean average of points for 5 events taken periodically is used to give a FIS points score in the FIS Points List that is published at various times throughout the year. The lower the number of FIS points on the list the higher the ranking in distance, sprint or combined events.

Ski Jumping and **Nordic Combined** use FIS points for cup competitions with winners of events scoring the highest points.

BSS use FIS points or finish positions for selecting athletes to squads and team events or competitions, such as the World Nordic Ski Championships.



Popular or competitive skier?

Do you wish to be a competitive racer (athlete) or recreational racer (popular racing)? The competitive racer will hold a FIS licence. Follow the steps below to obtain a licence.

The recreational cross-country ski racer can compete in popular races, such as the Worldloppetor World Masters, and not need to hold a licence.



Which licence?

The types of licence, **A**, **B** or **C**, are designed to reflect the performance level of the athlete:

- **A** is reserved for World Cup qualified athletes
- **B** is for Continental Cup level athletes
- **C** is for newcomers or those at FIS events level. This is the level of any FIS points event below Continental Cup.

The type of licence issued is based on the results of the past year. All licences are subject to approval by the Nordic discipline committee. You can be selected for higher level events without changing your type of licence, depending on your results and meeting the various team selection criteria during the season.



Race Entry Process

For cross-country, entries to Continental Cup and FIS level competitions will be made through a BSS nominated coach. World Cup events will be made by BSS cross-country head coach. Entries for Ski Jumping and Nordic Combined will be made through the BSS office.

Only athletes selected by the Nordic selection panel will be entered into World Cup, Continental Cups, World Ski Championships and World Junior Championships events. The British Olympic Association is responsible for entries to European Youth Olympics Winter Festival, Youth Olympic Winter Games and Olympic Games.

You must complete your request to enter a race 10 days prior to the Team Captain's meeting on the first day of the event, not the specific race.

You will receive further details of the BSS race policy when you receive your FIS licence confirmation email – please read this document carefully.

Useful Contact: Lucy MacKenzie | FIS Licence Coordinator | lucy.mackenzie@teambss.org

